



Conscious
Discipline®

Conscious Leadership

Program Overview

Conscious Leadership refers to the practices behind *transformational leadership* of a school site, district or organization. This program aims to develop leadership skills built upon four components:



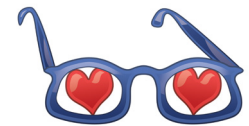
**Modeled
Self-Regulation**



**Cultivation of
School Family™**



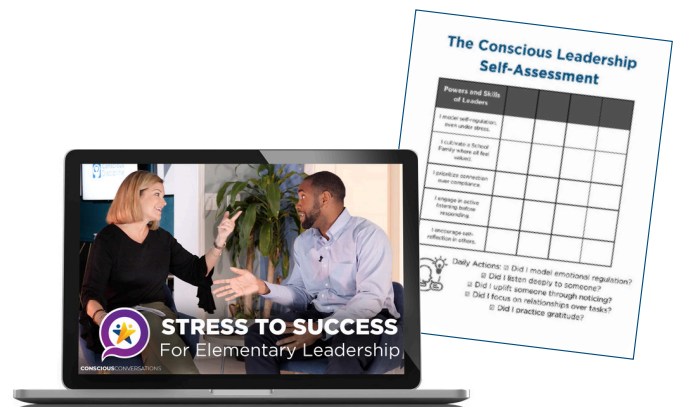
**Vision for
Transformation**



**Powers
and Skills**



Conscious Leadership programs are designed to support new leaders, school/site leaders, and system leaders with the implementation of Conscious Discipline practices in their organizations.



Conscious Leadership programs provide support that fits into a busy leader's day with a variety of digital resources, assessments, onsite and virtual training and coaching sessions.





Conscious Leadership

Conscious Leaders develop the skills and access the tools to address the *biggest challenges* facing educational leaders today:

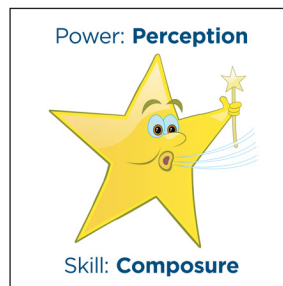
- **School Climate**
- **Challenging Behaviors**
- **Community Engagement**
- **Stress and Burnout**
- **Teacher Retention**
- **Safety and Connection**

Training and coaching are driven by the development of core practices such as modeling, shared leadership, setting boundaries, creating school systems, and setting clear vision for transformation.

Example: 1-Day Training

Introduction to Conscious Leadership

- Learners will explore the Power of Intention to create a vision for Conscious Leadership.
- Learners will identify leadership strategies that foster emotional safety and trust.
- Learners will develop skills to model composure and guide teams with connection and clarity.



**Your Conscious Leadership journey is waiting.
Reach out today!**

