

# Centering the Adult Brain: Coaching Yourself So You Can Coach Others

2-Day Workshop | Edmond, OK

## Daily Schedule

NOTE: View details about Registration and Meals through the Event App.

### Thursday, November 13

5:00pm – 6:30pm      Early Registration is Open

### Friday, November 14

7:00am – 8:00am      Registration  
8:00am – 11:30am      Morning Session with Break  
11:30am – 1:00pm      Lunch Break  
1:00pm – 4:00pm      Afternoon Session with Break

### Saturday, November 15

8:00am – 11:30am      Morning Session with Break  
11:30am – 1:00pm      Lunch Break  
1:00pm – 4:00pm      Afternoon Session with Break

***Attendance to all sessions is required to receive Certificate of Attendance.***

