



Shubert Book Series Classroom Study Guide

by Dr. Becky Bailey

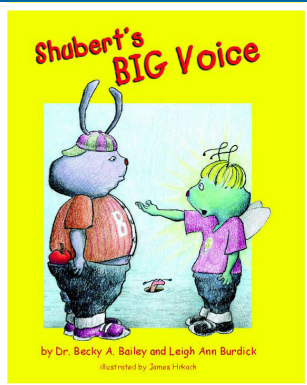
These discussion questions apply to all books in the Shubert Series.

1. Who were the characters involved in the story?
2. Was there a problem? What was the problem?
3. How did each character feel?
4. Did they hurt each other? How?
5. Did they do things that were helpful? If not, what could they have done that was helpful?
6. Do you agree or disagree with how the characters acted?
7. Have you ever had anything like this happen to you?

For each monthly focus, make up a question that ties the book you are reading to the Conscious Discipline® lesson you are teaching. To guide you in your thinking, the following questions are designed to reflect each month's focus.

1. Power of Perception, Skill of Composure: Did the characters control their anger? How?
2. Power of Unity, Skill of Encouragement: Did the characters show kindness, caring, honesty, encouragement and/or gratitude to each other? How was it done? Can we do this in our classroom?
3. Power of Attention, Skill of Assertiveness: Were characters assertive? What did they say?
4. Power of Free Will, Skill of Choices: Did the characters make choices? Was the choice helpful or hurtful?
5. Power of Love, Skill of Positive Intent: Did the characters offer positive intent to each other or see the best in the situation? How was this done?
6. Power of Acceptance, Skill of Empathy: Did the characters accept each other as they were? Did the characters see from each other's point of view? How did the characters change their behavior in response?
7. Power of Intention, Skill of Consequences: Did the characters recognize that they had a problem? How was it solved?





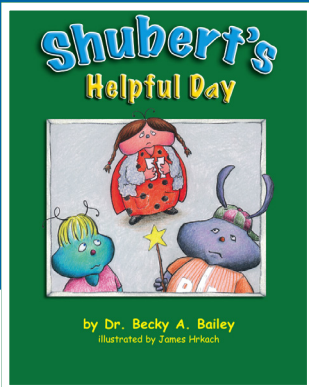
Using Your Big Voice

Name: _____

I don't like it when you _____

please _____

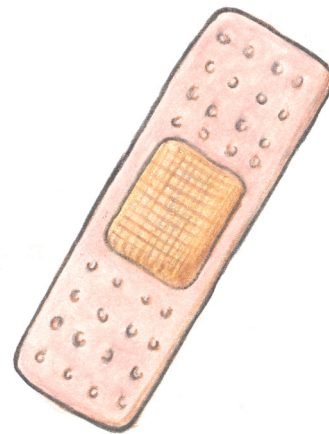
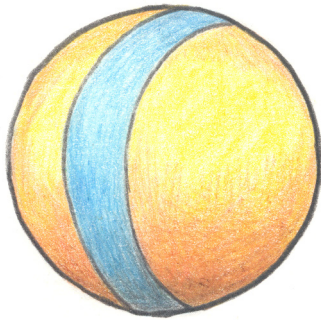


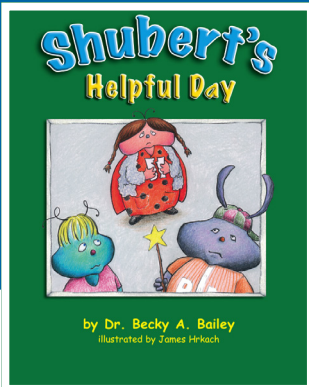


Shubert's Helpful Day

Name: _____

Shubert wonders which We Care item you like to use. On the back of this paper, draw a picture of yourself using your item.





The Helpful Ways We Fill Our Days

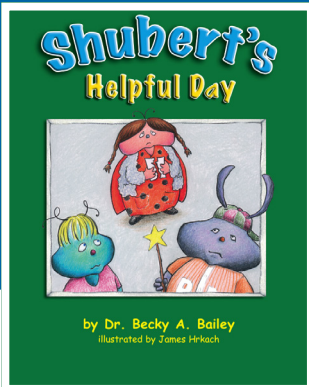
Name: _____

I did it! I _____

so _____,

that was _____.

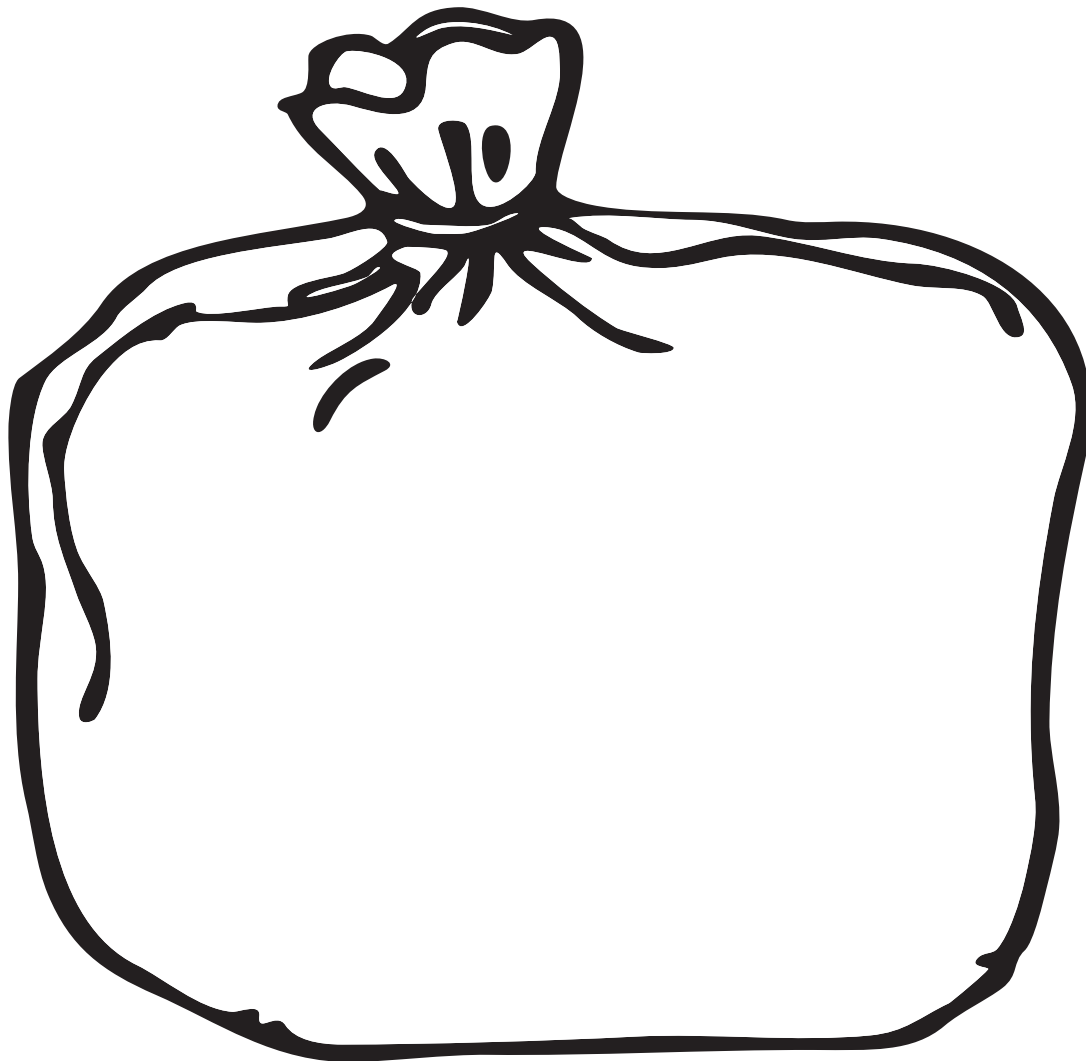


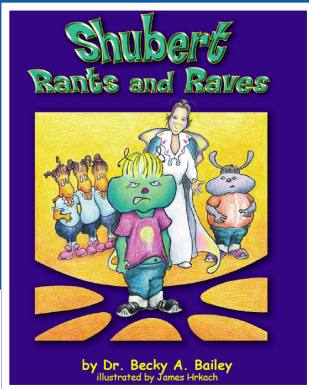


Shubert's Helpful Day

Name: _____

Design a “We Care” bag. Write or draw the items you think would be helpful to you when you are upset. What words would you like to hear? What people would you like to be with? What items might be helpful?

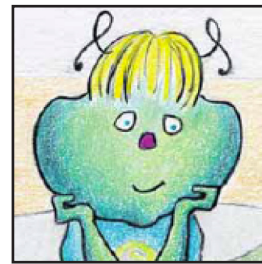


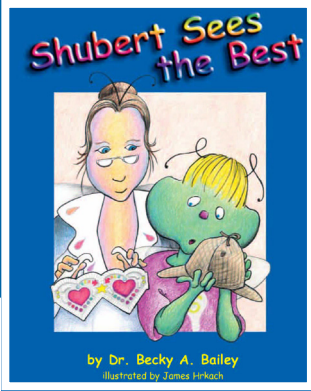


Shubert Rants and Raves

Name: _____

What helps me go from bug crazy mad to caterpillar calm?





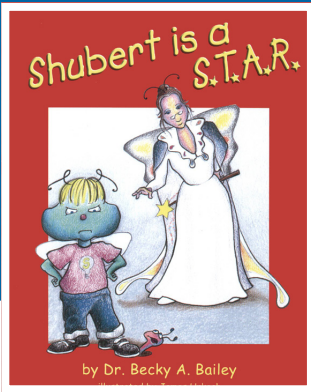
Shubert Sees the Best

Name: _____

Hurtful View

Helpful View





Using Your S.T.A.R. Power

Name: _____

Retell *Shubert is a S.T.A.R.* in the spaces below.

First

Middle

Last

