

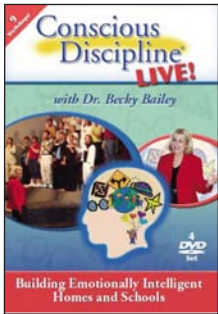


Administrators - Agents for Change: Transforming teacher behaviors

Loving Guidance Associate Holly Christian Thursday 8:30-9:30am

Based on the work by Dr. Becky Bailey, creator of Conscious Discipline®

"If we expect teachers and students to feel valued, positive, and accepted then we must begin by creating a school environment that encourages others to be nurturing, helpful, kind, contributing and accepting." - Dr. Becky Bailey



Fern Creek's Philosophy

We believed that we must start with some simple beliefs:

1. If we expect, it we must teach it.
2. Allow teachers time to learn new skills before setting expectations.
3. Model the expectations school-wide.
4. See the teachers as our students, and with positive intent.

Helpful products for this session:

Conscious Discipline® LIVE DVD set
 Conscious Discipline® book
 Brain Boogie Boosters music CD
 Seven Skills poster set

Find these products and more at the Loving Guidance booth: Booth 1035

So how do you do this?

Begin by changing your job description and your teacher's job description to:
My job is to keep you safe and your job is to help keep it that way.

Principals keep it safe in many ways:

- Make sure that teachers know that your job is to keep them safe from gossip, put downs, and harassment from others (staff and students).
- Take all teachers seriously when they are speaking of these incidents.
- Facilitate using their big voices with one another.
- Greet students in the morning with "my job is to keep you safe and your job is to help keep it that way."
- Randomly ask students how they are keeping it safe or plan to keep it safe.



The Safe Place is a structure where teachers and students go to be helpful to their School Family™ and become composed.

- Begin with establishing the Safe Place in an area where teachers can use it.
- Encourage teachers to use it.
- See teachers who are using it with positive intent – they are being helpful to their School Family™ when they use this structures.

Brain Smart® Start: Unite, Connect, Disengage Stress and Commit

Brain Smart® Starts can be done in many ways:

- On morning announcements
- Before school begins in a common gathering place
- At all faculty and staff meetings.



Wish Well Stations

- Boosts immune systems
- Provides a wisher's high
- Allows us to feel connected
- Wishing as forgiveness
- Gives us hope
- Helps surrender our illusion of control

Notice

Noticing is a form of praise that allows you to be specific to a teacher and to explain how his/her actions affected the group. We use the tag "that was helpful" or "that was kind."

Routines and Rituals

- Routines are the hangers that we hang our day on.
- Routines give us a pattern for our day.
- Routines give us an internal time line for students.
- Routines are essential for student success.

Staff Development

Staff development begins with a Brain Smart® start and then moves into learning that meet the needs of all modality of learning. We model:

- Brain breaks
- Movement to cement learning
- Discussion and lecture
- Allowing teachers to express their learning in all different ways.
- Measuring/evaluating our success through the learning of our "students" (teachers).

Conscious Discipline® NAEYC Sessions

Conscious Discipline®: Creating a school community to foster empathy, self-regulation and problem-solving

Dr. Becky Bailey with Loving Guidance Associates Jeannette French & Amy Speidel **Wed. 9am-12pm, Ballroom A3**

Administrators - Agents for Change: Transforming teacher behaviors Loving Guidance Associate Holly Christian
Thurs. 8:30-9:30am, Room D171/173

Sit Still, Pay Attention, Look At Me: Understanding and developing attention skills Dr. Becky Bailey **Thurs. 12:30-1:30pm, in the Arena**

Brain Boogie Boosters: Brain Smart® music to enhance learning Dr. Becky Bailey & Don Monopoli **Fri. 8:30-9:30am, in the Arena**

Assessing Children's State of Mind to Teach Self-Regulation: Three tools for teachers Loving Guidance Associate Karen Hickman **Fri. 8:30-9:30am, Room A124/127**

Bully Prevention: Using children's literature to train teachers in best practices Loving Guidance Associate Amy Speidel **Fri. 2-3:30pm, Room C146**

Ready But Not Revved Certified Conscious Discipline® Instructors Kay Zastrow & Peggy Simonis, with Linda Morrison **Fri. 8:30-9:30am, Room A309-310**

The School Family Model for Class and Center Management Loving Guidance Associate Katja von Elbe & Certified Conscious Discipline® Instructor Amparo Morillas, with Ingrid Garcia **Fri. 8:30-9:30am, Room C147/154**

Únete al círculo Certified Conscious Discipline® Instructor Leticia Valero, with Sandra Lewis **Fri. 8:30-9:30am, Room A201/202**

Writing with Heart Certified Conscious Discipline® Instructor Leticia Valero **Fri. 12:30-1:30pm, Hyatt Meeting Room Reunion C**

The Hand that Rocks the Cradle Rules the World! Certified Conscious Discipline® Instructor Mary Margaret Wilson **Fri. 4-5pm Room A124/127**

10 Things You Can Do Now!

- Breathe when things are hard.
- Greet students when they arrive.
- Do a weekly morning message for staff.
- Put a Safe Place in your office.
- Do Brain Smart® Starts.
- Instill routines in unstructured places.
- Make a Friends and Family Board.
- Become the Safe Keeper for staff/students.
- Create commitments for yourself and staff.
- Give meaningful jobs to support staff (morning messenger, snack helper, etc.)

Two Days to a Better Way Conscious Discipline® Workshops

Join the excitement as Dr. Becky Bailey teaches immediate strategies to:

- ★ Decrease problem behaviors
- ★ Increase academic achievement
- ★ Develop emotional intelligence

Anchorage, Alaska	Kansas City, Missouri	Northern California
Jan. 16-17	Sept. 18-19	October 2009



Conscious Discipline® Summer Institute

A life-changing week-long experience with Dr. Becky Bailey that focuses on:

- ★ The 7 Basic Skills of Discipline
- ★ The 7 Powers of Self-Control
- ★ Creating the School Family™

2 sessions in Orlando FL,
just minutes from area attractions.

Session A: June 19-25 Session B: July 19-25